



### Subjective Medical History

Name \_\_\_\_\_ Preferred Name \_\_\_\_\_ Age \_\_\_\_\_

Referring provider: \_\_\_\_\_

Primary care physician: \_\_\_\_\_

How did you hear about us: \_\_\_\_\_

**Check any condition that applies:**

- |  |   |  |  |
|--|---|--|--|
| <input type="checkbox"/> Allergies _____             | <input type="checkbox"/> Depression           | <input type="checkbox"/> Recent weight loss/gain     | <input type="checkbox"/> High blood pressure |
| <input type="checkbox"/> Anemia                      | <input type="checkbox"/> Diabetes             | <input type="checkbox"/> Kidney disease              | <input type="checkbox"/> Pregnant            |
| <input type="checkbox"/> Arthritis                   | <input type="checkbox"/> Dizziness            | <input type="checkbox"/> Multiple Sclerosis          | <input type="checkbox"/> Rheumatoid          |
| <input type="checkbox"/> Asthma                      | <input type="checkbox"/> Emphysema/Bronchitis | <input type="checkbox"/> Nausea/vomiting             | <input type="checkbox"/> Ringing in ears     |
| <input type="checkbox"/> Balance or gait disturbance | <input type="checkbox"/> Epilepsy             | <input type="checkbox"/> Numbness                    | <input type="checkbox"/> Stroke              |
| <input type="checkbox"/> Blurred vision              | <input type="checkbox"/> Fibromyalgia         | <input type="checkbox"/> Pacemaker                   | <input type="checkbox"/> Thyroid problems    |
| <input type="checkbox"/> Bowel or bladder changes    | <input type="checkbox"/> Headaches            | <input type="checkbox"/> Parkinsons                  | <input type="checkbox"/> Tuberculosis        |
| <input type="checkbox"/> Cancer _____                | <input type="checkbox"/> Heart problems       | <input type="checkbox"/> Pain with coughing/sneezing | <input type="checkbox"/> Weakness            |
| <input type="checkbox"/> Chemical dependency         | <input type="checkbox"/> Hepatitis            | <input type="checkbox"/> Pain with deep breath       | <input type="checkbox"/> other: _____        |

Please list any past surgeries: \_\_\_\_\_

**Regarding today's visit:**

What was the date of your injury? \_\_\_\_\_ Please provide a brief history of your condition:

\_\_\_\_\_  
\_\_\_\_\_

Have you received any treatment for this condition? yes/no *If yes, please provide more information below*

Physical Therapy goals: \_\_\_\_\_

Pain Increases with: \_\_\_\_\_

Pain Decreases with: \_\_\_\_\_

Occupation: \_\_\_\_\_

Current Work Status:  Light Duty  Off Work  Normal Schedule  Retired  Disabled

Please list any medications you are taking: \_\_\_\_\_

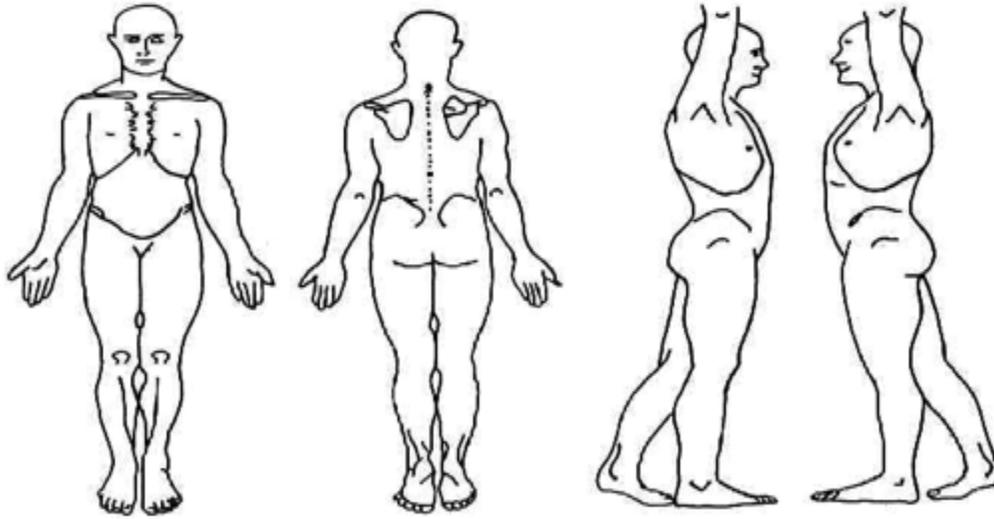
**What prior tests/treatment have you had for *this* problem?**

- |                                  |   |  |
|----------------------------------|---|--|
| <input type="checkbox"/> X-Ray   | <input type="checkbox"/> Arthrogram       | <input type="checkbox"/> Bone Scan               |
| <input type="checkbox"/> MRI     | <input type="checkbox"/> Physical Therapy | <input type="checkbox"/> Other (please describe) |
| <input type="checkbox"/> CT Scan | <input type="checkbox"/> Injections       | _____  |

**Please continue on other side**

## Please indicate problem areas below

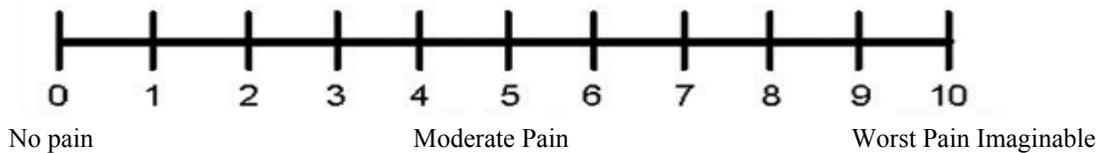
Please use the body chart below to indicate the quality and location of your symptoms



### Check all that apply:

- |  |  |   |                                   |
|--|--|---|-----------------------------------|
| <input type="checkbox"/> Sharp             | <input type="checkbox"/> Throbbing       | <input type="checkbox"/> Stabbing         | <input type="checkbox"/> Cramping |
| <input type="checkbox"/> Dull/Achy         | <input type="checkbox"/> Shooting        | <input type="checkbox"/> Clicking/Popping | <input type="checkbox"/> Spasms   |
| <input type="checkbox"/> Numbness/Tingling | <input type="checkbox"/> Worse in AM/PM  | <input type="checkbox"/> Stiff/Sore       | <input type="checkbox"/> Hot      |
| <input type="checkbox"/> Swollen           | <input type="checkbox"/> Better in AM/PM | <input type="checkbox"/> Intermittent     | <input type="checkbox"/> Constant |

Please use the scale below to rate your **average** pain over the past **24 hours**:



My current condition is:

- Getting **better**       Getting **worse**       Staying the **same**

**I understand that all medical information listed above will be kept confidential in accordance with Mitchell Physical Therapy's Privacy Policy.**

**All information is true and correct to the best of my knowledge.**

Patient Signature \_\_\_\_\_ Today's Date \_\_\_\_\_.