

5212 SE 52nd Ave.  
 Portland, OR 97206  
 (503) 777-1983  
 FAX (503) 771-1984

# MITCHELL

## PHYSICAL THERAPY

INC.

6542 SE Lake Road, Suite 105  
 Milwaukie, OR 97222  
 (503) 496-4550  
 FAX (503) 496-4551

Stephen Mitchell, MSPT – Duncan Mitchell, PT, DPT  
 Tarah Hoelter, PT, DPT, OCS – Justin Dunaway, PT, DPT, OCS

Date \_\_\_\_\_  
 Name \_\_\_\_\_  
 Phone \_\_\_\_\_  
 Diagnosis/ICD9 Code \_\_\_\_\_  
 Special Instructions \_\_\_\_\_  
 Treat \_\_\_\_\_ times per week for \_\_\_\_\_ weeks  
**or** \_\_\_\_\_ total visits  
 Physician's Signature \_\_\_\_\_  
 Physician's Re-check Date \_\_\_\_\_

- Evaluate and Treat
- Biomechanical Evaluation
- Spinal Stabilization Program
- Shoulder Stabilization Program
- Knee Stabilization Program
- Therapeutic Exercise
- Spinal/Mobilization/Manipulation
- Peripheral Joint Mobilization/Manipulation
- Electrical Stimulation
- US/Phonophoresis
- Iontophoresis
- TENS
- Augmented Soft Tissue Mobilization (Graston)

**Providers for:**

ACN (Optum Health), Beechstreet, Caremark Comp, Champ VA, Cigna, Health Management Network (HMN), Healthcare Direct, Healthnet, Integrated Health Plan (IHP), Liberty Mutual, Lifewise, Managed Healthcare NW (MHN), Medicare, Moda, North Clackamas School District, Pacific Source, Private Healthcare Systems (PHCS), Regence BCBS, SAIF - Workers Compensation, United Healthcare.

**Out of network provider benefits only:**

Aetna, Grèatwest, Providence Health Plan - Open Option

Provider status for health plans may vary per office.

**Members:**

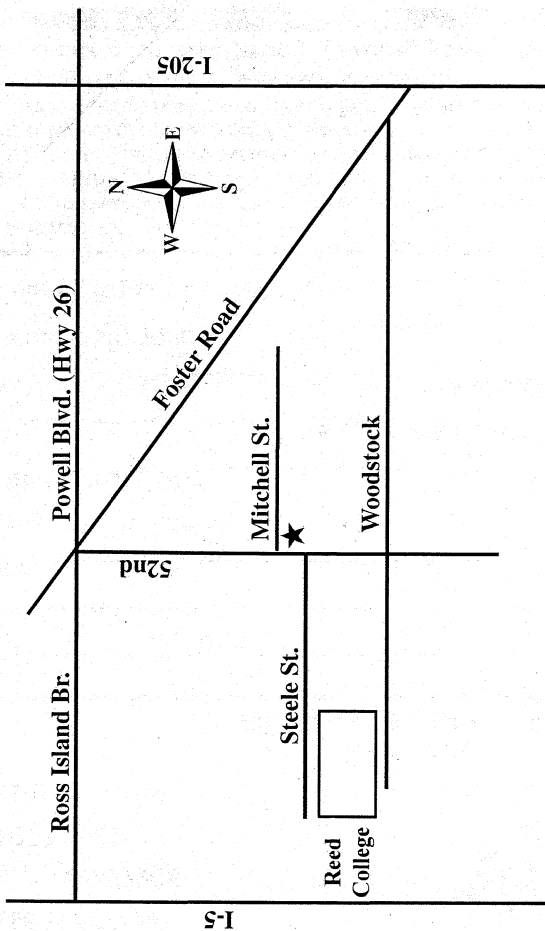


American Physical Therapy Association



**Please check with insurance regarding your physical therapy benefits.**

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